



ESSENTIAL ENGLISH

El inglés imprescindible
para situaciones cotidianas

vaughan

WELCOME TO **ESSENTIAL ENGLISH**

Si la idea de pasar una tarde entera memorizando listas de vocabulario te suena horrible, ¡has acertado con la compra de este libro! **Essential English** te permitirá aprender el vocabulario y ponerlo en práctica con ejercicios variados al mismo tiempo que te transportará a situaciones de la vida cotidiana en inglés: iremos a la panadería, al aeropuerto, a reuniones de trabajo, al médico, y a muchos sitios más.

En cada capítulo, aparte de trabajar el vocabulario, ponemos el foco en puntos gramaticales, dado que la gramática es el pegamento del idioma que hace que puedas hacerte entender con claridad.

Además, **Essential English** te resultará una herramienta muy valiosa para trabajar tu *listening*, ya que todo el contenido viene locutado. No dudes en escuchar los diálogos una y otra vez para exponerte a los diferentes acentos.

CÓMO USAR ESTE LIBRO

1. **Familiarízate con el vocabulario** que aparece al inicio de cada capítulo.
2. **Escucha el diálogo varias veces sin mirar el texto** e intenta entender la idea general. No te preocupes si no entiendes cada palabra; lo importante es hacerse con el oído.
3. **Escucha el diálogo mientras lees el texto** y comprueba que lo has entendido bien. Los apuntes adicionales te serán de gran ayuda para aprender estructuras gramaticales, expresiones, frases hechas, vocabulario, etc.
4. **Lee el diálogo en voz alta** e imita no solo la pronunciación sino también la entonación.
5. **Haz los ejercicios** de la página de la derecha **en voz alta**. Ponte a prueba para ver cómo te salen las frases con la ayuda del audio. Hazlo con calma al principio, pero a medida que te vayas acostumbrando, intenta acelerar el ritmo para ganar soltura.
6. **Repasa** lo aprendido cada 5 capítulos.

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DAILY LIFE

01 DAILY ROUTINES



levantarse	to get up	/tu guet aap/
desayunar	to have breakfast	/tu hhhavvv brékfaast/
ducharse/darse un baño	to have a shower/bath	/tu hhhavvv a shâue(r)/baaaz/
vestirse	to get dressed	/tu guet drest/
ir al gimnasio	to go to the gym	/tu gôu tu dze chim/
ir al trabajo/colegio	to go to work/school*	/tu gôu tu uée(r)k/ssskuul/
irse a la cama	to go to bed*	/tu gôu tu bed/

* Fíjate en que no usamos el artículo *the* en **to go to work/school** y **to go to bed**.



Claire: Michael, **what time do you get up** on Mondays?

Michael: I get up at five o'clock on Mondays.

Claire: At five o'clock! Wow! I get up at eight o'clock on Mondays.

Michael: What?! That's late.

Claire: No, it isn't. Victor **gets** up at ten o'clock on Mondays!

Michael: Now, that's really late. **What time does** he go to work?

Claire: He **goes** to work at eleven o'clock.

Michael: **How lucky!**

Claire: And **what time do** you go to work?

Michael: It depends on the day. I normally go to work at eight o'clock. But I go to work at six o'clock on Mondays and Fridays.

Claire: Gosh! And **what time do** you get up on Sundays?

Michael: I **don't work** on Sundays, so I always get up at eleven o'clock!

Claire: I see. And **what time do** you have breakfast on Sundays?

Michael: I **don't have** breakfast on Sundays! I just have brunch!

Claire: Oh, and **what time do** you have brunch?

Michael: At about twelve o'clock.

Claire: I go to the gym at twelve o'clock on Sundays. Do you go to the gym?

Michael: Yes, I usually go to the gym on Tuesdays, Thursdays and Saturdays.

- Cuando queremos preguntar **a qué hora** hace alguien algo todos los días, lo hacemos con preguntas en **present simple: What time do/does + sujeto + verbo**. El auxiliar **do** se convierte en **does** cuando el sujeto es **he/she/it: What time does she get up? (¿A qué hora se levanta ella?)**.
- Así es como decimos **¡Qué suerte!** en inglés: **How lucky!** Pronúncialo con una "h" aspirada: /hhhâu lâakii/.
- Si el sujeto es **he** o **she**, añadimos "s" o "es" al verbo en presente simple: **She gets dressed (Ella se viste), He goes to work (Él va al trabajo)**. Si la oración es negativa, ponemos **doesn't** entre el sujeto y el verbo: **She doesn't get dressed (Ella no se viste), He doesn't go to work (Él no va al trabajo)**. Para las demás personas gramaticales, usamos **don't: I don't get dressed, They don't go to work, We don't go to the gym.**

TRANSLATION TIME

1	–¿A qué hora te levantas normalmente? –Me levanto a las 7:00.	–What time do you normally get up? –I get up at seven o'clock.
2	–¿A qué hora va él al trabajo? –Él va al trabajo a las 9:00.	–What time does he go to work? –He goes to work at nine o'clock.
3	Ella no va al gimnasio por la mañana.	She doesn't go to the gym in the morning.
4	Él no se acuesta a las 21:00.	He doesn't go to bed at nine o'clock.
5	¿A qué hora van al gimnasio?	What time do they go to the gym?
6	Normalmente me levanto temprano.	I normally get up early.
7	Mi mujer normalmente se despierta tarde.	My wife normally gets up late.
8	Ella no se ducha por la mañana.	She doesn't have a shower in the morning.
9	¿A qué hora te vas a la cama los sábados?	What time do you go to bed on Saturdays?
10	Él normalmente se viste antes del desayuno.	He normally gets dressed before breakfast.
11	¿A qué hora desayunas?	What time do you have breakfast?
12	Él va al gimnasio después del trabajo.	He goes to the gym after work.
13	Ella normalmente se da un baño los domingos.	She normally has a bath on Sundays.
14	¿A qué hora van al colegio?	What time do they go to school?
15	¿A qué hora se va él a la cama?	What time does he go to bed?

PRACTICE TIME

Vamos a seguir afianzando el presente simple. Te damos un sujeto y una rutina diaria, y a partir de ahí tienes que hacer una pregunta, una afirmación o una negación. ¡Tapa la columna de la derecha para ponerte a prueba!

1	you	wake up (what time)	?	What time do you wake up?
2	she	have – shower – 8:00	+	She has a shower at eight o'clock.
3	we	go – gym – 11:00	-	We don't go to the gym at eleven o'clock.
4	he	go – bed (what time)	?	What time does he go to bed?
5	they	go – work – 6:00	+	They go to work at six o'clock.
6	he	go – school – Tuesdays	-	He doesn't go to school on Tuesdays.
7	she	get up early – Sundays	?	Does she get up early on Sundays?
8	he	get dressed – 7:00	+	He gets dressed at seven o'clock.
9	I	have – bath – morning	-	I don't have a bath in the morning.
10	you	get dressed – before breakfast	?	Do you get dressed before breakfast?
11	she	have breakfast (what time)	?	What time does she have breakfast?
12	we	go – gym – Mondays	-	We don't go to the gym on Mondays.
13	he	go – bed – late	+	He goes to bed late.
14	I	get up early – Saturdays	-	I don't get up early on Saturdays.
15	you	go – gym – before work	?	Do you go to the gym before work?